

Arkansas Indistar

Health and Wellness School Improvement Priority

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Section I: School Information

School Name:	Salem High School
School LEA Number:	2502006

School Year: 2021-2022

Section II: Needs Assessment

School Health Index Assessment

Hint

- Check box if completing the SHI Assessment online
- Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Sale563498
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Reviewer Comments:

Body Mass Index (BMI)

Hint

Develop a brief narrative of student BMI trends based on the analysis of the data.

COVID YEAR 2: 2020-2021 Data

Males Tested: 43

Females Tested: 41

Healthy Males: 54.43%

Healthy Females: 63.16%

Overweight Males: 15.76%

Overweight Females: 15.46%

Obese Males: 26.23%

Obese Females: 21.38%

Underweight Males: 7.14%

Underweight Females: 0%

Additional Health Data (Optional)

Hint

Develop a brief narrative of other health and wellness data. (Optional)

Arkansas Prevention Needs Assessment Results (COVID DATA):

33.3 % of 12th graders felt "not safe" or "very not safe" returning to school this year.

45.5% of grades 8, 10, and 12 combined, felt "more sad or hopeless" than usual.

17.3% of grades 8, 10, and 12 combined felt **depressed** "all" or "most" of the time.

22.4% of grades 8, 10, and 12 combined felt **hopeless** "all" or "most" of the time.

When asked if they had appropriate counseling or counselor access, 32.4% said "no" or "don't know."

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (*AR Code §6-20-709*).

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

Goal 1 Measurable Objective

Through coordination of curriculum & instruction, food service, and technology, the high school will increase breakfast and lunch participation by 2% during 2021-2022 school year. Hopefully, through bringing back menu choices (COVID had affected choices) and public awareness, students will be more likely to eat more often and to eat healthier at school.

OPAA will be offering four main course choices for students this year in an effort to attract more students to the lunch program.

Grab and Go breakfast will be used this year for all students. They will eat in the classrooms.

Goal 1 Activities

Activity	Person Responsible	Timeline
The wellness chair will present menus to the David Turnbough wellness committee quarterly through email to the committee members; by website at saalemk12.nutrislice.com ; or by phone using the Nutrislice App. A paper copy review will be conducted during each meeting.	David Turnbough	Quarterly
Fulton County Extension Agent, MaLinda Coffman, will meet with students in the high school and provide nutrition education.	Cody Curtis	All school year
The school wellness committee will review the school wellness policy to ensure it is compliant with state and federal laws	David Turnbough	Every 3rd Year
The administration will ensure that all students are receiving grade appropriate nutrition educational experiences in the regular classroom through classroom observations and walkthroughs.	Cody Curtis	All school year

Reviewer Comments:**Topic 2: Coordination and Implementation of Physical Activity and Education for Students**

Hint

Goal 2 Measurable Objective

Each year, the administration emphasize the importance of physical education opportunities afforded at the high school school, as well as, dedicate the necessary funds to support equipment and facilities used for PE and physical activity. The school will try to provide a wide variety of activities so all students might find an interest that might help them better live a healthy lifestyle.

Preliminary plans are in place to build an additional facility in which PE can be conducted, especially during inclement weather. The goal is to reduce overcrowded PE spaces.

Goal 2 Activities

Activity	Person Responsible	Timeline
The high school principal and counselor will review the master schedule to ensure all students receive at least the minimum levels of physical education and physical activity	Karen Guildoo	July/August, 2021
The district wellness committee will begin the reviewing of the District Wellness Policy in October. The revision of the policy will completed by the March meeting so that the school board can approve the new policy by the May 1 deadline.	Wayne Guiltner	May 1, 2021
Regular classroom teachers will implement physical activity within the classroom across the curriculum in grades 7-12. Activities such as Go Noodle and Frisbee Golf are a few examples that teachers have been using.	Cody Curtis	All school year

Reviewer Comments:**Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students (NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)**

Hint

Goal 3 Measurable Objective

Make all staff members aware of student trauma and provide them resources to help students cope and overcome traumatic experiences, including returning to school during/after a pandemic.

Goal 3 Activities

Activity	Person Responsible	Timeline
Reinforce last year's book purchase during PD (Supporting and Educating Traumatized Students by Eric Rossen).	David Turnbough	August BTS PD
Provide a copy of Emotional Poverty by Dr. Ruby Payne for every staff member.	Wayne Guiltner	August BTS PD
Schedule on-site PD by Dr. Payne in June, 2022.	Wayne Guiltner	June 7, 2022

Reviewer Comments:**Topic 4: Inclusion of School-wide Health Related Professional Development**

Hint

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Fulton County Extension Agent, MaLinda Matthis, will provide nutrition professional development for classroom teachers during during the back-to-school in-service days. Ms. Matthis will also interact throughout the school year to provide activities and resources for classroom teachers.	MaLinda Matthis/UADA	August, 2021 and All Year
Classroom teachers will be given in-service on possible nutrition instruction and physical activities to use across the curriculum (K12) during the back-to- school in- service by the PD coordinator. Teachers will be encouraged to email examples throughout the school year to the coordinator to document the frequency of classroom interactions.	David Turnbough/Salem Schools	August, 2021 (2 hours)
Classroom teachers will be given in- service on Civil Rights related to meal service and cafeteria program.	Leann McDonald/OPAA	Yearly (30 minutes)
Parents will be given information related to Civil Rights in meal service and the cafeteria program on the menus and during the Public Meeting in the Fall.	Leann McDonald/OPAA	Yearly (30 minutes)
Dr. Ruby Payne will be in person on June 7, 2022 to provide an all day PD session regarding childhood trauma.	Wayne Guiltner/Salem Schools	June 7, 2022 (6 hours)

Reviewer Comments:

Reviewer Response:

ADE Reviewed

Reviewer Comments:

Close